



# Zen and The Art of Foosball: A Beginner's Guide to Table Soccer

*Charles Lee, David Richard, Attma Sharma*

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Welcome to the exciting world of foosball! This book is your guide to learning how to play foosball. In this book, you will learn the basics of the game: how to pass the ball, shoot the ball, and defend against shots. You will also learn advanced techniques for improving your game. Advanced players can also find useful information for increasing their level of play. Before long, you may find yourself playing in a professional tournament! So, get ready to join the legion of players discovering a sport that is now in its golden age. This is a sport that everyone can enjoy!

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