

Closing the Passive Aggressive Defiance Gap: How to Communicate When Your Partner Refuses to Engage (The Complete Guide To Passive Aggression Book 2)

Neil Warner



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"Closing the Passive Aggressive Defiance Gap" is the third book in Creative Conflict Resolutions Kindle book series, called "The Complete Guide to Passive Aggression."

This book ties the rest of the series together, finalizing the reader's commitment to address passive aggression's toxic influence in the relationship and use tools that really do result in change. Closing the defiance gap means that the reader can learn how to communicate with the passive aggressive person in new and rewarding ways, throwing out old interactions that only made the situation worse, and establishing practical boundaries with the passive aggressive husband.

For many spouses, facing the "passive aggressive trap" feels as an impossible and meaningless task, because the passive aggressive person gives off the feeling that they are happy with the way things are. And, as they never confront, they use contrived ways of manifesting their anger or unhappiness. They can do hidden sabotage actions, silent treatment, and other techniques of passive aggressive husband's manipulation.

Decoding this language can take years of miscommunication and frustration for the spouse. And, even when they get to know the meaning of his behaviors, and can predict the next passive aggressive behaviors, still there is the question: how do you manage this toxic interaction so as to protect yourself from harm? How can you get your needs met when the language is so confusing? How to stop the constant frustration and get solutions? Well, there is a way, even when it is not related to changing the passive aggressive husband's behavior itself.

However, "Closing the Passive Aggressive Defiance Gap" focuses on teaching spouses that even if they cannot change the passive aggressive crazy-making behaviors, they can change the way they react to him - and that change in oneself can have far-reaching benefits!

This book covers: emotional abuse, passive aggressive personality, passive aggressive personality disorder, passive aggressive personality, passive aggressive, passive aggressive men, passive aggressive disorder, passive aggressiveness, and passive aggression.

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