



# Adrenal Fatigue: The 21st Century Stress Syndrome [Paperback]

*James L. Wilson (Author) Johnathan V. Wright (Foreword)*

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**Adrenal Fatigue: The 21st Century Stress Syndrome [Paperback]** James L. Wilson (Author) Johnathan V. Wright (Foreword)

This is an incredibly informative and reader-friendly book about a common debilitating medical condition that goes largely undiagnosed and untreated. ADRENAL FATIGUE: The 21st Century Stress Syndrome is a very empowering work cram-packed with vital information about a condition that very likely affects millions of people.

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