



Voices from the Inside: Readings on the Experiences of Mental Illness

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One of sociology's most important missions is giving voice to those whose experiences are typically otherwise blunted, marginalized, or simply ignored. Featuring memorable, first-person accounts of mentally ill individuals, *Voices from the Inside: Readings on the Experiences of Mental Illness* allows students to connect directly with real-life "experts" who know mental illness all too intimately.

This unique anthology addresses a variety of central topics surrounding mental illness, including suicide, hospitalization, the meanings of medication, the experiences of caregivers, and the stigma attached to mental illness. Each section of readings opens with a "sensitizing" introduction that outlines key questions, specific matters for student consideration, and ways in which social scientists approach relevant substantive issues. The thought-provoking discussion questions following each set of readings are designed to foster vibrant class discussion.

Comprehensive enough to be used throughout a course--but brief enough to be combined with other supplementary materials or a full-scale textbook--*Voices from the Inside* is ideal for upper-level undergraduate or graduate courses on the sociology of mental health and illness. It can also be used in courses in medical sociology, social work and mental health, nursing and mental health, and abnormal psychology.

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