



# Presence-Awareness: Just This and Nothing else

*Sailor Bob Adamson, John Wheeler*

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A respected figure in the field of non-duality, 'Sailor' Bob shares his understanding of our real nature, presence-awareness, with seekers who attend the weekly meetings at his home in Melbourne, Australia. Presence-Awareness consists of 44 short dialogues on this direct approach to spiritual understanding transcribed and edited by John Wheeler.

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### **From reader reviews:**

#### **Sharon Bedgood:**

Spent a free time and energy to be fun activity to perform! A lot of people spent their leisure time with their family, or their own friends. Usually they performing activity like watching television, going to beach, or picnic from the park. They actually doing same thing every week. Do you feel it? Would you like to something different to fill your current free time/ holiday? Might be reading a book may be option to fill your free of charge time/ holiday. The first thing that you will ask may be what kinds of reserve that you should read. If you want to try look for book, may be the reserve untitled Presence-Awareness: Just This and Nothing else can be fine book to read. May be it can be best activity to you.

#### **Kevin Vargas:**

Playing with family in a park, coming to see the ocean world or hanging out with friends is thing that usually you may have done when you have spare time, in that case why you don't try issue that really opposite from that. One particular activity that make you not experience tired but still relaxing, trilling like on roller coaster you are ride on and with addition info. Even you love Presence-Awareness: Just This and Nothing else, it is possible to enjoy both. It is fine combination right, you still want to miss it? What kind of hang-out type is it? Oh can occur its mind hangout fellas. What? Still don't have it, oh come on its known as reading friends.

#### **Daryl Glover:**

Your reading 6th sense will not betray an individual, why because this Presence-Awareness: Just This and Nothing else book written by well-known writer whose to say well how to make book that could be understand by anyone who have read the book. Written throughout good manner for you, dripping every ideas and composing skill only for eliminate your personal hunger then you still hesitation Presence-Awareness: Just This and Nothing else as good book not merely by the cover but also by the content. This is one e-book that can break don't judge book by its deal with, so do you still needing another sixth sense to pick this!? Oh come on your examining sixth sense already said so why you have to listening to yet another sixth sense.

#### **Andrea Behnke:**

In this era globalization it is important to someone to acquire information. The information will make someone to understand the condition of the world. The condition of the world makes the information quicker to share. You can find a lot of referrals to get information example: internet, paper, book, and soon. You can see that now, a lot of publisher in which print many kinds of book. Often the book that recommended to you personally is Presence-Awareness: Just This and Nothing else this publication consist a lot of the information with the condition of this world now. That book was represented just how can the world has grown up. The words styles that writer use for explain it is easy to understand. The writer made some analysis when he makes this book. That is why this book appropriate all of you.

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