



# Traditional Chinese Medicine Cupping Therapy, 2e

*Ilkay Z. Chirali MBAcC RCHM*

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## **Traditional Chinese Medicine Cupping Therapy, 2e** Ilkay Z. Chirali MBAcC RCHM

This new edition explores and describes techniques of cupping in the context of TCM theory. It provides a clear and detailed set of practical guidelines to applying this technique for various common conditions, and looks closely at issues of safety, expectation and theoretical principles of action. This new edition includes new scientific research on cupping therapy and the effect on the immune system as well as new material on muscular pain, stress management and cupping therapy and sports medicine. A DVD complements the text with video clips showing the eleven methods of cupping therapy.

- DVD containing 12 video clips showing the use of cupping in practice.
- Unique scientific research on cupping therapy and the effect on the immune system. 16 page colour plate section containing 63 halftones.
- New page layout including new features.
- Thoroughly revised and updated throughout with more details allocated to individual treatment and methods. New material on muscular pain, stress management and cupping therapy and sports medicine.

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A lot of people always spent their free time to vacation or go to the outside with them household or their friend. Were you aware? Many a lot of people spent they free time just watching TV, or even playing video games all day long. If you wish to try to find a new activity honestly, that is look different you can read a book. It is really fun for you personally. If you enjoy the book that you read you can spent all day every day to reading a e-book. The book Traditional Chinese Medicine Cupping Therapy, 2e it is very good to read. There are a lot of individuals who recommended this book. They were enjoying reading this book. Should you did not have enough space bringing this book you can buy the e-book. You can m0ore effortlessly to read this book from a smart phone. The price is not to fund but this book offers high quality.

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