



# Manual For Living: Reality - FINANCE

*Seth David Chernoff*

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## **Manual For Living: Reality - FINANCE** Seth David Chernoff

Section 8 in the award-winning Manual For Living Series. By facing death as a two-time cancer survivor, Seth David Chernoff learned to experience the fullness of life. In his award-winning new book, A Manual for Living: Reality, A User's Guide to the Meaning of Life, he offers straightforward guidance for achieving lasting happiness, overcoming fear of death and finding true purpose.

He has lived his message, and pulls no punches as he writes about the hard subjects of death, illness, fear, finding balance, our toxic environment, our perception of what is real, our finances, and our need to accumulate. He deals with change and major transition, living in the "now" and so much more by answering the questions:

- § Why are we always in such a hurry? Can we really micromanage our life?
- § Are our physical ailments caused by frustration, anxiety or stress?
- § Why are we stuck in the past?
- § Why is it such a challenge to maintain inner peace?
- § Why doesn't hard work always equate with results or fulfillment?
- § Why can't we evolve through effort alone?
- § Why doesn't receiving everything we desire guarantee happiness?
- § How can we find fulfillment and true happiness?
- § Does spirituality have a "time" associated with it?
- § What exactly is a spiritual life, an inspired life, a fulfilled life?
- § What is the meaning of life?

The author recommends using a single chapter at a time as a guide to the current demands of our life. Because Manual for Living: Reality covers so many topics that vitally concern our lives, this approach makes sense, especially if we are facing the final journey, or have a loved one who is going through a reversal or transition.

Chernoff writes, "We each have a path and purpose in life, a destiny as unique as our own fingerprints, yet we often live lives of petty obscurity and quiet desperation, ignoring our truth. It is our prerogative to find our purpose and fulfill it. The loss of a life is not as devastating as the loss what could have been, of the dreams left unfulfilled and passions undiscovered."

Rave reviews from around the country:

I'd recommend this book to everyone. - Luxury Reading

It is a beautiful testament to life and living. A book to help one reach his greatest potential and grasp his dreams. - A Novel Source

I want to say thank you for writing this book! I am only a quarter of the way into it and it is really making a difference in my life! "They say" when you are ready the teacher will appear. I'm glad you did. - Kim G.

A wonderful, thoughtful and compassionate book. It goes to the heart of what it is to be human. We highly recommend Manual For Living! Drink from its wisdom! Ed & Deb Shapiro, authors BE THE CHANGE -

## How Meditation Can Transform You and the World

Seth Chernoff has taken on the deepest and richest questions of life and death. Listen to his journey, his insight and begin to savor the search for peace within the spectrum of life. - Don Campbell, Musician and Author of Sound Spirit and The Mozart Effect

Manual For Living gives you valuable insight necessary to enhance and enrich your life bringing you closer to fulfillment and true happiness. Manual for Living is full of wisdom to help you find your way. Every page is filled with human emotion about life, death, and everything in between. - TCM Reviews

If you have the chance to pick up this gold mine to read, please do. It is helping me in so many ways. -Read With Tea Book Review Blog

Seth David Chernoff is an award-winning author, two-time cancer survivor, marketing professional, and founder of multiple companies. His work has been featured previously in the Wall Street Journal, Chicago Tribune, San Francisco Chronicle, Popular Mechanics, Business Week, USA Today, on radio and television in the US and internationally.

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#### **Clara Palmer:**

Reading a guide tends to be new life style on this era globalization. With studying you can get a lot of information that can give you benefit in your life. Together with book everyone in this world may share their idea. Ebooks can also inspire a lot of people. Plenty of author can inspire their very own reader with their story or maybe their experience. Not only the storyline that share in the guides. But also they write about advantage about something that you need case in point. How to get the good score toefl, or how to teach your children, there are many kinds of book that you can get now. The authors on this planet always try to improve their skill in writing, they also doing some study before they write with their book. One of them is this Manual For Living: Reality - FINANCE.

#### **Mary Jones:**

Your reading 6th sense will not betray you actually, why because this Manual For Living: Reality - FINANCE publication written by well-known writer who really knows well how to make book that can be understand by anyone who else read the book. Written with good manner for you, leaking every ideas and creating skill only for eliminate your current hunger then you still doubt Manual For Living: Reality - FINANCE as good book not only by the cover but also from the content. This is one publication that can break don't judge book by its cover, so do you still needing another sixth sense to pick this kind of!? Oh come on your reading through sixth sense already said so why you have to listening to one more sixth sense.

#### **Charles Powers:**

In this particular era which is the greater man or who has ability in doing something more are more valuable than other. Do you want to become among it? It is just simple way to have that. What you need to do is just spending your time very little but quite enough to possess a look at some books. One of many books in the top list in your reading list is actually Manual For Living: Reality - FINANCE. This book and that is qualified as The Hungry Hillside can get you closer in turning out to be precious person. By looking way up and review this reserve you can get many advantages.

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