

## I Have Been There: Sisterly Advice From One Survivor of Intimate Partner Abuse to Another

Aynoit Ashor



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Are you ready to leave an abusive (romantic) relationship but feel no one understands your struggle? Have you left an abuser and now you are ready to begin the process of healing?

"I Have Been There" will help you plan a safe way to leave your abusive romantic relationship. If you have left an abusive relationship and would like to move toward healing, "I Have Been There" will give you tools to move forward to true happiness.

It takes tremendous courage to leave an abusive relationship. I know, I have been there. When I left my abusive marriage I did not know what to do, where to get help and most importantly how to begin healing.

This non-fiction advice book was written for you. It will help you safely plan your escape. It will help you with the beginning stages of healing. It will help you on your journey to happiness.

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