



# Otto Learns about His Medicine: A Story about Medication for Children with ADHD

*Matthew R. Galvin*

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This lively best-selling story - now in its third edition - will appeal to youngsters diagnosed with ADD or ADHD. Otto is a high-octane young car whose motor is always running in overdrive. He also has trouble paying attention in school, is easily distracted, and acts without thinking. Otto and his parents visit a special mechanic, who prescribes medication to slow down Otto's racing motor and who shows him many ways to be more focused and organized and better able to get along with others. Reflecting a multiple-treatment approach to ADHD, Otto's experience includes counseling and other non-medical supports in addition to medication. A "Note to Parents" discusses the most current findings about ADHD medications, including their potential side effects.

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