



# A study of emotional intelligence in relation to academic achievement

Kattamanchi Subramanyam, Syed Jabeen

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Education plays a pivotal role in the modern society. In recent years, society's interest and concern for Academic Achievement, especially among younger generation has increased. Academic Achievement is a combination of ability and effort. Presumably ability being equal, those with higher motivation exerts more effort and will achieve higher grades. Academic Achievement has always been one of the most important goals of the educational process. It is also a major goal which is much expected to pursue in all cultures. It is the product variable which gets toned up or bogged down by the positive and negative influence of a host of independent variables. Emotional intelligence is being able to monitor our own and other's feelings and education, to discriminate among them, and to use this to guide our thinking and emotions and actions (Salovey & Mayer, 1990). The emotionally intelligent person is skilled in four areas: Identifying, using, under standing and regulating emotions (Salovey & Mayer, (1993), According to Goleman (1995) emotional intelligence consists of five components: knowing our emotions (self-awareness), managing them, motivating ourselves.



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