



# **Handbook of Integrative Clinical Psychology, Psychiatry, and Behavioral Medicine: Perspectives, Practices, and Research**

*Roland A. Carlstedt PhD*

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# Handbook of Integrative Clinical Psychology, Psychiatry, and Behavioral Medicine: Perspectives, Practices, and Research

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This is the long-awaited text on interdisciplinary treatment and assessment of, among other clinical topics, brain-derived behavioral, cognitive, and neurological disorders...."

--Niels Birbaumer, PhD

University of Tübingen, Germany

Member of the German Academy of Sciences, Leopoldina

Gone is the unidimensional approach of the expert summarizing a topic from a single vantage point. Instead, the content shifts laterally, embracing not only interdisciplinary expertise, but an integrative way of thinking that transcends each discipline....What makes the *Handbook* so refreshing is that this cross pollination of ideas and approaches is more than novel theorizing. It offers clinicians a new way forward."

--Anthony Feinstein, MD, MPhil, PhD, FRCP

University of Toronto

To maintain the highest standards, allied health care practitioners must keep pace with evolving trends in diagnostics, interventions, and methodologies. This book supports clinicians by disseminating important perspectives, research, and procedures. It provides an integrative roadmap that fosters interdisciplinary cooperation.

## Key Features:

Presents reviews of research on a broad selection of clinical disorders

Includes a wide range of established and emerging diagnostic and intervention approaches

Discusses viable evidence-based alternative treatment methods

Critiques certain approaches, paradigms, and practices that may need to be revised

Includes contributions from renowned psychologists, psychiatrists, and researchers

Clinicians, researchers, and students will find this book a valuable source for interdisciplinary practice and research. It facilitates a sorely needed move toward integrative practice in an era in which specialization pervades.

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