



Simple Exfoliating and Moisturizing Bars: Naturally gentle homemade soap recipes

Deborah Smith

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Indulge Your Skin with the Moisturizing Richness of These Exfoliating Bars

Exfoliation is an integral part of overall soap health; so a little bit of scrub is actually good for you and your body. One of the best things you can do for your skin, other than to use a good soap is to exfoliate. By exfoliating, you get rid of dead skin cells and promote the growth of new ones.

- Some like their soap creamy and smooth
- Some theirs full of scrubby materials
- Some like it in between.

Whichever category you fall into, there is a recipes specially formulated for you. Click to find out more.

You will find recipes for dry and oily skin and overall body care treatment. These soaps make a fantastic gift idea. Try one today!

TAGS: soap making books, soap recipes, soapmaking books, soap making natural, soap crafting, soap recipe book, homemade soap recipes, homemade soap for beginners, homemade soap making, homemade soaps and lotions, homemade beauty recipes, homemade beauty essentials, homemade beauty tips, homemade beauty treatments, shampoo making, shampoo recipes, shampoo bar recipes, hair care, homemade body care, organic body care recipes, organic beauty recipes, organic beauty books, natural beauty recipes, natural recipe book, homemade body care, homemade beauty, homemade beauty products, homemade mixes, homemade Christmas gifts, homemade beauty essentials, homemade beauty tips, homemade beauty treatment, homemade beauty recipes, homemade skin care, organic body care recipes, organic beauty recipes, organic beauty books, natural beauty recipes, natural recipe book, organic body scrubs, organic body butter made easy, organic body lotion for beginners

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