

### Contemporary Issues in Gerontology: Promoting Positive Ageing



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# Contemporary Issues in Gerontology: Promoting Positive Ageing

#### **Contemporary Issues in Gerontology: Promoting Positive Ageing**

Written by leading international experts, this book helps students and practitioners to better understand and cater for the needs of our ageing population. It examines:

- how services can be provided to meet the expectations and needs of a growing population of ageing citizens within a cost-effective, social justice and positive ageing framework
- how resources allocated to aged care can be distributed equitably to better meet the demands associated with housing, retirement, service provision and care
- how health promotion principles can contribute to a healthy older population.

Investigating current critical debates in health and social science, the book explores innovative new approaches to aged care and ageing. By using international examples and a multidisciplinary approach, this comprehensive textbook provides a broad understanding of ageing from a social perspective and analyzes concepts of ageism, healthy ageing and positive ageing.

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