



Chronic Health Issues: Creative Ways to Treat Them

Dr. Nikki Mara Martinez

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Dr. Nikki Martinez received her Masters and her Doctorate from Illinois School of Professional Psychology, and completed her pre-doctoral and post-doctoral fellowship at Gateway Foundation in Lake Villa, Illinois. She is a Professional Psychologist, an Adjunct Professor for 2 graduate programs, a Blogger for the Huffington Post, Everyday Power Blog, and is a Contributor to the Chicago Tribune. Dr. Martinez shares her own personal health journey, as well as ways in which individuals can get the treatment they need for some of the most common physical and mental health issues. Learn creative ways to deal with your chronic illness.

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