



# Minestrone for the Mobster's Soul: Life Lessons from the Movie Mafia

*Bob Ociepka, Bruno Ociepka*

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**Minestrone for the Mobster's Soul: Life Lessons from the Movie Mafia** Bob Ociepka, Bruno Ociepka  
14 Life Lessons gathered from growing up on the west Side of Chicago in the 60's and 70's, utilizing Mob and Mafia movies. This is a self-help book for mob wannabes who can gather valuable insights into applying concepts such as loyalty, honor, respect and the law of omerta into their daily lives. Each chapter features a story followed by a lesson influenced by movie characters from our favorite films like THE GODFATHER, GOODFELLAS, CASINO, BRONX TALE, etc. Two cousins grow up fast as the they become "associates" of "the Outfit" in Chicago and learn what it takes to survive in this environment. The book concludes with a list of the top 100 mob movies of all time, complete with reviews.

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