



# The Torment of Buddy Rich: A Biography

*John Minahan*

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## **The Torment of Buddy Rich: A Biography** John Minahan

Few of us will ever know the satisfaction of becoming number one in our professions; in music, the odds are astronomical. Musicologists tell us that in the ideal--or abstract--situation, an individual is genetically predisposed with a special gift, works at it from infancy, isolated from distractions, and denied any choice in the matter, until the discipline develops into an almost monomaniacal drive for perfection. Buddy Rich achieved that perfection. The cost was very high. This book was written in the form of a diary, researched by the author as he traveled with Buddy Rich to various cities in the US, Canada, England, and Scotland. It was not intended to be an authoritative analysis of an eminent contemporary musician or a detailed biographical treatment. It is a selective account of representative events in the life of a musical genius, an attempt to reflect aspects of his complex personality and the role played by his family, friends, and enemies--real and imagined.

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